2015 GOALS PRINTABLE WORKSHEET

Dream it. Write it. Live it.

2015

It is important when setting goals for the new year, that we reflect on the year that has past. What are your greatest memories, regrets, and lessons learned?

This year, choose one word as your theme. Maybe last year you didn't travel as much as you would've liked. Perhaps you didn't spend much time with your family. Your word can be anything you choose: family, explore, joy, give, etc...

Choose your word and create your goals accordingly. Make this year the best year ever!

New Year Theme

Top 10 Goals

ACTION	DATE
1	
2	
3	
4	
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10	

Steps of Action

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5	

Steps of Action

6	
7	_
8	
9	
10	

Quote of the Year:

 S_{pecific}

Measurable

Attainable

Realistic

Time-bound

Notes & Ideas